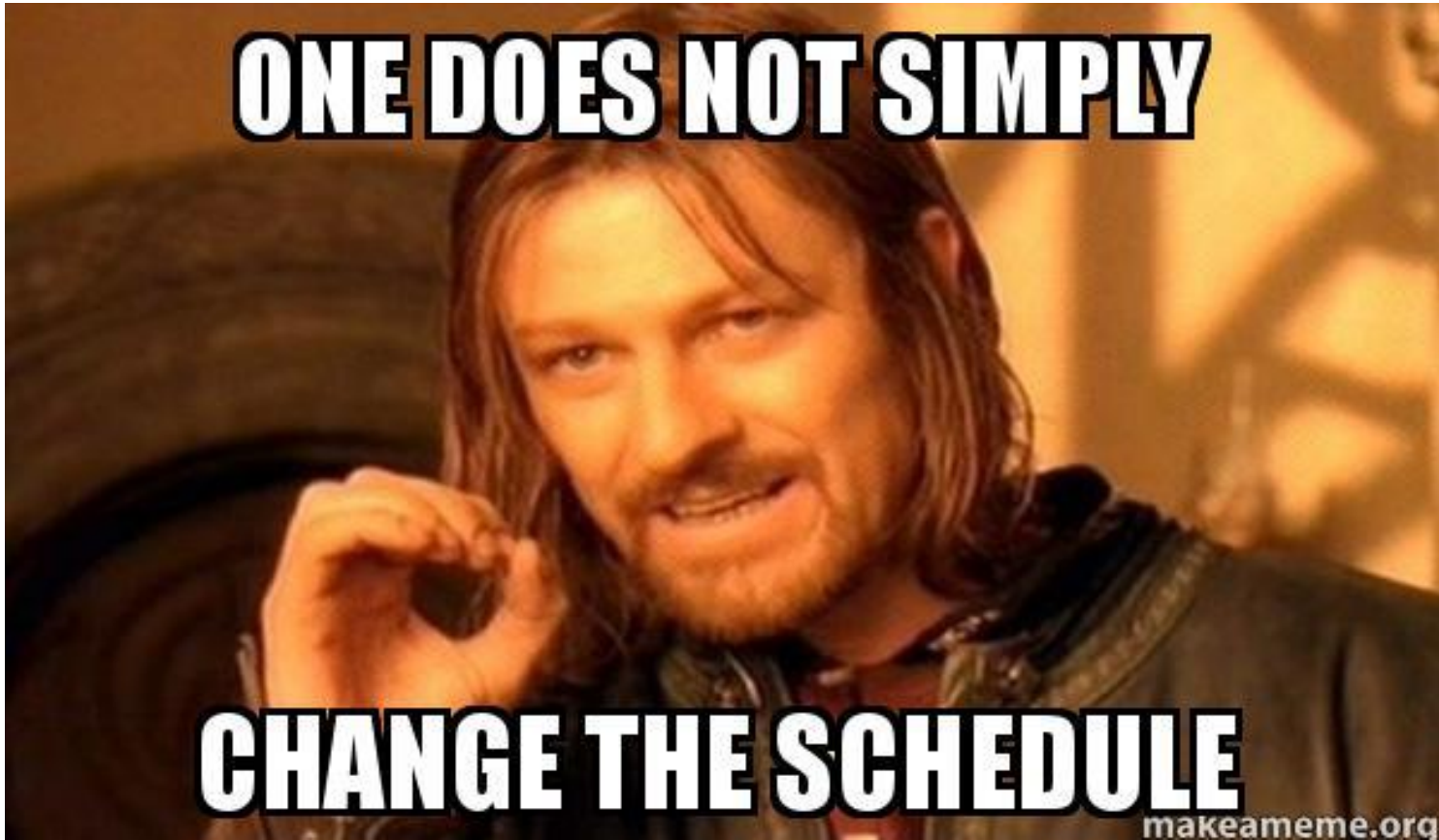




History & folklore



Today's schedule.

After this presentation we will have a short coffee break.

At 10:30 we will go on a walk around town.

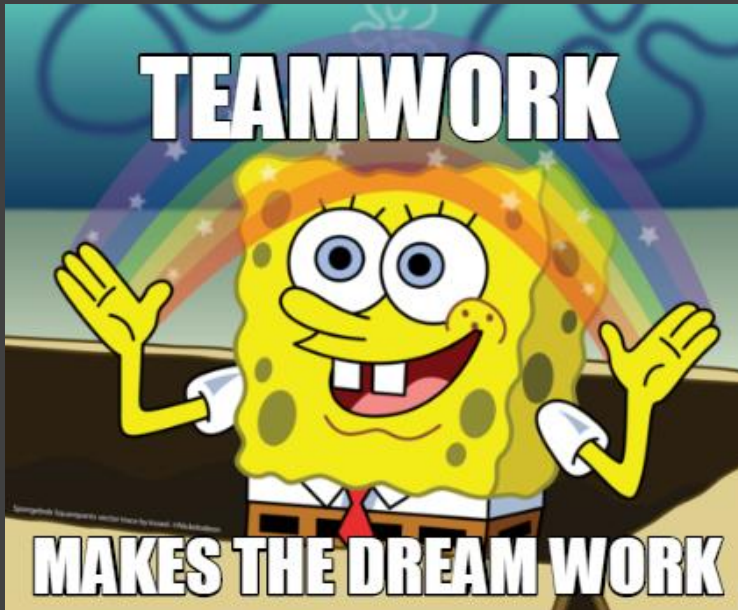
At 12:00 there will be lunch and an hour later we will show you around the school.

Then we will check out some companies at 13:30.

When the clock hits 15:00 we will have a short assignment for you guys.

At last we will have free time at 16:30 and for the rest of the day.

The groups.



Group 1 "Relja"

Relja, Valdís, Iris, Sigjón etc.

- Elizabete Ozola
- Paula Dravniece
- Martin Öövel
- Karin Väli
- Steven Ester
- Kelly Umbleja
- Liis Sulger
- Camillo Cetrulo
- Giuseppina D'Adamo,
- Alexopoulou Magdalini
- Dialesioti Evangelia

Group 2 "Birna"

Birna, Axel, Kristo, Daniel, Arna etc.

- Kavra Sofia
- Tampratzi Angeliki
- Ludovica Colantuoni Michael Recce
- Leigo Tõnissaar
- Kersti Vana
- Aldis Kalns
- Edgars Ričards Barkāns
- Kristīne Priede

Höfn, simply the best

- Höfn í Hornafirði has history filled with fish. It started out as a fishing town and still is.
 - The name of the town means Harbour.
 - Like many other towns in Iceland, Höfn is surrounded by mountains.
 - But what makes the mountains around Höfn different is the gigantic glacier that can be seen peaking around corners of some of the mountains.
- The glacier is called Vatnajökull and is the biggest in Europe.





Town's history.

Irish monks are believed to have settled here first.

After them there were vikings that started a farm around Horn (the place we went walking yesterday).

People didn't really start settling until about 2 centuries ago, they came here to work in the fishing industry.

Höfn became an official town in 1897.

In the beginning Höfn was only a grouping of islands. But as time went on we started filling the spaces inbetween.

Activities in Höfn

Höfn has an abundance of activities that you can take part in.

You can:

- Join the rescue team.
- Play sports.
- Go to the swimming pool.
- Check out the glacier.
- Motorcross.
- Join the choir.
- Check out the viking village near town.
- Take a hike.
- Go kayaking.
- Go take a dive in Bergárdalur.

A group of people, likely a rescue team, are standing in a snowy field. They are wearing red and blue winter jackets and pants. Some are wearing helmets and backpacks. The scene is outdoors in a snowy environment.

Rescue Team

- Age restrictions.
- Volunteering.
- Nice, cool, respected person.
- Learn useful things.
- Teen rescue team.
- Fun stuff.

Plane crash course.

- Training exercise
- Volunteers
- Acting and make-up






Photos from the training exercise.









Glacier rescues.

The rescue team has to go through many procedures when saving people stranded on top of the glacier.

Here is a video that shows a little bit of these rescues.

<https://www.youtube.com/watch?v=8G6F-jfigWc>

Sports.

You can practice these sports in Höfn:

- Basketball
- Football
- Volleyball
- Swimming

You can also go to the gym and get a personal trainer but people mostly do exercises according to their own plan.

The swimming pool is also a great place to exercise, or just to relax in the hot tubs. We also have an ice bath for quick recovery.





Glacier stuff.

- Lots of options when it comes to tour companies.
- Super fun stuff.
- Gamlabúð visitors centre.

Gamlabúð

- Gamlabúð was built in the year 1864 and stood at Papós.
- The name Gamlabúð translates to Old Store.
- Gamlabúð was moved to Höfn in the year 1897.
- It was moved to the outskirts of town and was a folk museum until 2013.
- It was moved to the harbour again in 2013 and has stayed there since.





Humarhátíð.

Humarhátíð is a festival in Höfn that no-one wants to miss.

The festival has been a tradition in Höfn since 1993.

It has many great activities to take part in.

Here is a video about The Lobster Festival:

<https://youtu.be/MPZira6fI50>

Folklore

- Since the dawn of Iceland's history there have been countless of tales told in our little community.
- Many of the tales involve supernatural beings.
- These tales are deeply rooted in our culture and we pride ourselves on our respect for them.
- Many of these stories were told to prohibit children from doing various things.



Hidden people.

Hidden people (Huldufólk) are elves that live everywhere in Icelandic nature. They are beings that look like humans, but they live in another world, parallel to us. They are invisible to humans but can make themselves visible when they want to.

The Icelandic people respect the possibility of the existence of these elves.

Many children in Iceland grew up with tales of these hidden people. For instance: children are told not to throw rocks because it might hit the elves.



Álfhólsvegur.

One street in Kópavogur curves in a weird way.

The street is called Álfhólsvegur and literally translates to Elf-hill road.

It curves around a hill that is considered to have hidden people living inside.

The road construction workers were experiencing troubles and blamed it on the elves.



An illustration of a highland landscape with large, grey, craggy rock formations and snow-capped mountains in the background. In the foreground, three trolls are depicted. One troll, a man with a large nose and a wide smile, stands in the center, wearing a white shirt, a dark vest, and a brown apron. He holds a long wooden staff in his right hand and has his left hand on his chest. To his right, a smaller troll, a boy with a ponytail, sits on a rock, also smiling and holding a staff. To the left, another troll, a woman with long blonde hair, is kneeling and holding a bouquet of yellow flowers. The scene is set in a lush green field with small birds on the ground.

Trolls

- Trolls in the highlands
- Trolls are bad
- Trolls have a weakness
- Trolls can be found in nature



Troll Hunting.

Now we will show a video about trolls.

https://www.youtube.com/watch?v=3SVA8yuXCLo&feature=emb_title

The Icelandic Yule Lads.

Unlike many other countries, Iceland has 13 Santa Clauses. They are children of the trolls Grýla and Leppalúði.

These are all the Yule Lads:

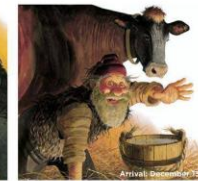
- Stekkjastaur
- Giljagaur
- Stúfur
- Þvörusleikir
- Pottasleikir
- Askasleikir
- Hurðaskellir
- Skyrgámur
- Bjúgnakrækir
- Gluggagægir
- Gáttapefur
- Ketkrókur
- Kertasníkir



The Icelandic Yule Lads



Stekkjastaur (Sheep-Cote Clod)
Harasses sheep, inspired by his stiff prop-legs



Giljagaur (Gully Gawk)
Hides in gullies, waiting for an opportunity to sneak into the cowshed and steal milk.



Stúfur (Stubby)
Abnormally short. Steals pans to eat the crust left on them



Þvörusleikir (Spoon-Licker)
Steals Þvösur (a type of a wooden spoon) to lick. Is extremely thin due to malnutrition



Pottasleikir (Pot-Licker)
Steals leftovers from pots



Askasleikir (Bowl-Licker)
Hides under beds waiting for someone to put down their 'askur' (a type of bowl), which he then steals



Hurðaskellir (Door-Slammer)
Lies to slam doors, especially during the night.



Skyrgámur Skyr-Gobbler
A Yule Lad with an affinity for skyr.



Bjúgnakrækir (Sausage-Swiper)
Would hide in the rafters and snatch sausages that were being smoked



Gluggagægir (Window-Peeper)
A Yule Lad who would look through windows in search of things to steal



Gáttapefur (Doorway-Sniffer)
Has an abnormally large nose and an acute sense of smell which he uses to locate laufbrauð



Ketkrókur (Meat-Hook)
Uses a hook to steal meat



Kertasníkir (Candle-Stealer)
Follows children in order to steal their candles (which in those days was made of tallow and thus edible)



Grýla
The mother of the Yule Lads. Icelandic parents did scare their children from misbehaving by telling them that Grýla could come and abduct them.



Leppalúði
The husband of Grýla. Not that evil, but a lazy one.

Terrifying Christmas Tales.

Grýla was a crazy troll lady.

She had a cat that was also crazy.

Her husband wasn't crazy.

He was just lazy.





Búkolla

One of the most famous troll stories in Iceland is called Búkolla.

It's about a young boy that goes looking for a cow that his parents owned.

The cows name is Búkolla.

„baulaðu nú Búkolla ef þú ert nokkur staðar á lífi “ the translation is „ Búkolla moo if your anywhere alive“

A diverse group of people of various ages and ethnicities are shown from the chest up, all smiling and celebrating. Many have their arms raised in the air, some with clenched fists, suggesting a moment of triumph or shared joy. The background is a plain, light color. The overall mood is positive and energetic.

Thanks for listening.

The groups.

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